



Spirituality and Grief Newsletter

Fall 2009



Welcome to the first electronic newsletter from the Spiritual and Grief Care department at Hospice & Palliative Care Charlotte Region. I look forward to communicating about opportunities from our organization for both you and your membership!

In this edition you'll find information about our upcoming Clergy Lunch and Learn, our Hospice Sabbath service, the Grief and the Holidays workshops, our Celebration of Life memorial services, and our grief support groups. Additional information is available on our website at www.hpccr.org. You may also contact me directly at 704.335.4327. I hope you enjoy reading our first e-newsletter and I sincerely thank you for the opportunity to partner together in ministry.

A handwritten signature in cursive script that reads 'Larry Dawalt'.

Larry Dawalt, M.Div.
Director of Spiritual & Grief Care Services
704.335.4327

Hospice Sabbath is a time for people of all faiths to pray for those whose lives are affected by life-limiting illness, a time to support the staff, volunteers, and families who provide care, and a time to learn about hospice and palliative care. As part of national hospice month, this year we are inviting area communities of faith to designate one worship day in November as Hospice Sabbath.

There are many ways to integrate Hospice Sabbath into a weekly worship experience. Congregation members of communities of faith may want to:

- place candles in memory of those who have died, or in honor of the professional and family caregivers who have touched their lives.
- bring a photo of someone they wish to remember and attach it to a poster board.
- write the name of their loved one in a memory book to be read during the service.
- provide an insert for your bulletin or newsletter with more information about hospice care, which we would be happy to provide.
- set up a table with brochures and other information about Hospice & Palliative Care Charlotte Region to help your faith community learn more about end-of-life care.
- name HPCCR as a beneficiary of a special collection or tithe.

Also, we would be happy to provide you an insert for your bulletin or newsletter that gives valuable information about the benefits of end-of-life care. The overall goal is to simply honor the spirituality that is integral to care at the end of life and provide an opportunity for reflection and remembrance. For more information about ways to make Hospice Sabbath specific to your community of faith, call Larry Dawalt at 704.335.4327.

Grief and the Holidays Workshops

Sunday, November 2, 2008

3:00 - 4:30pm

Levine & Dickson Hospice House

11900 Vanstory Drive

Huntersville, NC 28078

* For children and adults

Monday, November 3, 2008

6:30 - 8:00pm

Levine & Dickson Hospice House

11900 Vanstory Drive

Huntersville, NC 28078

Monday, November 10, 2008

Noon - 1:30pm and 6:30 - 8pm

HPCCR - Lincoln County

107 North Cedar Street

Lincolnton, NC 28092

Tuesday, November 11, 2008

6:30 - 8:00pm

HPCCR - South Charlotte

7845 Little Avenue

Charlotte, North Carolina 28226

Tuesday, November 11, 2008

7:00 - 8:30pm

HPCCR - Lake Norman

705 Griffith Street, Suite 203

Davidson, NC 28036

Thursday, November 13, 2008

2:00 - 3:30pm

HPCCR - South Charlotte

7845 Little Avenue

Charlotte, North Carolina 28226

Clergy Lunch and Learn

Thursday, October 30, 2008
11 am- 1 pm
Levine & Dickson Hospice House
11900 Vanstory Drive, Huntersville, NC

Join us for lunch and fellowship as we celebrate Pastoral Care Month. The program will be a workshop on Grief and the Holidays with specific handout information you can use to provide care to members of your faith community.

For reservations or for more information, please contact Chaplain Beth Brittain at 704.887.6304 or brittainb@hpccr.org.

Celebration of Life Memorial Services

These interfaith candlelight services provide an opportunity to enjoy special music, listen to thoughtful readings and celebrate the memory of loved ones.

Hospice & Palliative Care Charlotte Region

Thursday, December 4

7pm

Providence Presbyterian Church*
10140 Providence Church Lane,
Charlotte, NC

**New location*

Hospice & Palliative Care Lincoln County

Thursday, December 4

6:30pm

Emanuel Reformed Church
329 East Main Street, Lincolnton, NC

Hospice & Palliative Care Charlotte Region

Friday, December 5

6:30pm

St. Martin's Episcopal Church
1510 East Seventh Street, Charlotte, NC

Hospice & Palliative Care Lake Norman

Thursday, December 4

7pm

Mt. Zion United Methodist Church
19600 Zion Street, Cornelius, NC

Grief: The Reluctant Journey

Our next series of *Grief: The Reluctant Journey* support groups will begin in February 2009, with additional offerings throughout the year. Consisting of eight sessions, each group combines the basic elements of grief education with the support of fellow sojourners. Lasting friendships have been formed from similar groups over the years as participants have learned the importance of providing and receiving support from those with like experiences. Groups will be offered at our new Levine & Dickson Hospice House in Huntersville, our offices in Lincoln County, and our South Charlotte location. Day and evening groups will be available.

For more information, please contact Gerri Cummings at 704.335.4334 or cummingsg@hpccr.org.